

# WORLD CLASS TUMBLING & TRAMPOLINE TEAM

## Monthly Expenses

All team members must have a credit card on file that will be automatically billed at the beginning of the month. In addition to monthly fees, there is a team fee of \$35 a year.

1 Hour :	\$54
1 Hour 15 Minutes:	\$64
1 Hour 30 Minutes:	\$75
1 Hour 45 Minutes:	\$90
2 Hours :	\$103
2 Hours 15 Minutes:	\$110
2 Hours 30 Minutes:	\$116
2 Hours 45 Minutes:	\$122
3 Hours :	\$129
3 Hours 15 Minutes:	\$135
3 Hours 30 Minutes:	\$142
3 Hours 45 Minutes:	\$150
4 Hours:	\$155
4 Hours 15 Minutes:	\$162
4 Hours 30 Minutes:	\$168
4 Hours 45 Minutes:	\$175
5 Hours:	\$180

The prices are based on how many hours a week you practice. For example, if you choose to practice two hours a week, your monthly bill will be \$103. Athletes are required to attend tumbling practice twice a week.

Leotard/Uniform: Average cost \$150-175

**Warm Up Jacket & Pants/Optional**

**All uniforms are non-refundable and must be paid for in full before ordering.**

Acro Shoes are required for trampoline and double mini, optional for tumbling. Prices vary and shoes are available at our store, All Around Apparel.

**Parents will be ask to cover cost for coaches to attend the required State meeting and Congress for training. The cost varies, depending on the number of athletes on team.**

### **Meet Expenses**

- USTA Athlete Registration: \$32(may change)
- Average cost of meets: 1 event \$35, 2 events \$40, 3 events \$45 (This excludes State and National competitions.)
- Coach fees will depend on the amount of athletes.
- Meet Days: Trampoline & Double Mini are on Saturdays. Tumbling is on Sundays.**
- Power Tumbling is an individual sport. There will be many meets where you may not see your teammates. Everyone competes at different times of the day. It is broken down by age and level.
- Once you pay for a meet, it is non-refundable.**

### **Competitions**

- There will be 8-9 meets per season. (This does not include State and Nationals) Athletes are required to attend **five** meets to be eligible for state. The competition season is from October-May. Nationals takes place in June.
- All athletes are required to be at awards and accept your medal/trophy regardless of place. Sportsmanship is extremely important to World Class Gymnastics and for the growth of your athlete.
- All athletes are encouraged to congratulate everyone on the podium, to represent WCGC in a positive manner.
- The rules of USTA state that all athletes must wear their leotard/uniform only when standing on the podium. No sweat pants or jackets allowed. Always wear warm ups when not competing or accepting award. No warm ups on the podium.
- All hair must be pulled back.

- No jewelry, body glitter, tattoos, or fingernail polish.
- Power Tumbling is an individual sport. There be many meets where you may not see your teammates. Everyone competes at different times of the day. It is broken down by age and level.

### **Practices**

- NO PARENT COACHING during gym time!! **Please discourage your athlete from talking to you through the net.** This will not be allowed and if it continues to be a problem, parents will be asked to leave the area.
- Come to practice prepared: proper attire, hair pulled back, acro shoes and a positive attitude.
- Do not wear loose fitted shirts. We prefer form fitted clothing for safety reasons.
- Respect your coaches and teammates. Disrespect will not be tolerated.
- Stand up at practices. No sitting, unless told to do so.
- If your athlete does not meet the standards, rules and policies we have set, they will be taken off the team.
- If parents interfere with coaching or represent World Class at meets, in a negative manner, your athlete will be taken off the team.

**-Coaches have the right to hold an athlete from a meet, if they feel they are not ready to compete.**

**-During meet season (October-June) we require athletes to attend tumbling practice twice a week.**